

Blacklaw Primary School



Wellbeing and Care Guidelines

September 2015

Guidelines to be reviewed by September 2018

Introduction

South Lanarkshire Council Education Resources' policy on Wellbeing and Care makes a significant contribution towards achieving the outcomes and developing the capacities outlined in the Curriculum for Excellence (CFE) It is underpinned by the principles of the national programme 'Getting It Right For Every Child' which promotes an integrated and common approach to understanding and developing children and young people's wellbeing.

Rationale

The work of Education Resources is underpinned by professional values, which drive their personal commitment to all learners' intellectual, social and ethical growth and wellbeing.

All learners in education establishments should be cared for and that their wellbeing is at the forefront of everything that is done within establishments, reflecting the United Nations aspirations that all children should be, safe, healthy, achieving, nurtured, active, respected, responsible and included; and that they have their views listened to and are involved in decisions that affect them.

(SLC Policy on Wellbeing and Care 2013)

Aims

Blacklaw Primary School is committed to:

- * providing and ensuring a safe and secure environment for all pupils within a caring and compassionate ethos and with an understanding of wellbeing;
- * creating and maintaining a physical environment which meets all health and safety standards;
- * meeting all requirements relating to the rights and protection of children;
- * making sure that all adults working with pupils are aware of and carry out their roles and responsibilities in relation to the care, welfare and protection of children;
- * working in partnership with parent/ carers to protect all learners;
- * working in partnership with agencies to provide effective and sufficient support;
- * providing a curriculum which develops learners' understanding, knowledge and skills relating to personal safety, good health and wellbeing;
- * helping all learners to develop self-confidence, self esteem and positive relationships;
- * promoting inclusion and equality for all;
- * promoting respect and positive attitudes to diversity; and challenge bullying;
- * promoting the online safety and protection of children;

Context and Content

All staff within the school are aware of the principles of 'Getting it Right for Every Child' and strive to ensure that the needs of pupils and their families are at the centre of planning and action.

We strive to create an environment where learners can flourish and develop the four capacities; - successful learners, confident individuals, responsible citizens and effective contributors and where learners feel safe, healthy, achieving, nurtured, active, respected, responsible and included.

All staff have a responsibility to be proactive in promoting positive relationships in the classroom, in the playground and wider community.

Roles and Responsibilities

Everyone within Blacklaw Primary School, whatever their contact with children shares the responsibility for creating a positive ethos and climate of respect and trust – one in which everyone can make a positive contribution to the wellbeing of each individual within the school and the wider community.

All staff should:

- Establish, open positive, supportive relationships across the school community, where learners feel they are listened to, and where they feel secure in their ability to discuss sensitive aspects of their lives;
- Model behaviour which promotes health and wellbeing, and encourages it in others;
- Be sensitive and responsive to the wellbeing of each learner;
- Contribute to the mental, emotional, social and physical wellbeing of all learners;
- Contribute to aspects of physical activity and sport; relationships, sexual health and parenthood education; and planning for choices and changes;
- Help learners develop the skills to make healthy food choices and establish lifelong healthy eating habits.

Health and Wellbeing Curriculum

Our aim is to support the development of knowledge, understanding and skills in our pupils to enable them to take responsibility for their own health at an individual level and as participating citizens.

Health and Wellbeing is delivered in line with the principles and practices of the Curriculum for Excellence (CFE) using a wide range of learning and teaching approaches that:

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- engage learners and take account of their views and experiences, particularly where decisions are to be made that may impact on life choices;
- take account of research and successful practice in supporting the learning and development of pupils, particularly in sensitive areas such as substance misuse;
- are active, cooperative and include peer learning and effective use of technology;
- encourage and capitalise on the potential to experience learning and new challenges in the outdoor environment;
- encourage learners to act as positive role models for others within the educational community;
- lead to a lasting commitment in learners to follow a healthy lifestyle by participation in experiences which are varied, relevant, realistic and enjoyable;
- help to foster health in families and communities through work with a range of professions, parents and carers, and pupils, and enables them to understand the responsibilities of citizenship;
- harness the experience and expertise of different professions, including developing enterprise and employability skills.

All learners will engage in activities, which promote health and wellbeing, including a positive ethos and relationships and healthy lifestyle within the following areas:

- Mental, emotional, social and physical wellbeing
- Planning for choices and changes
- Physical education, physical activity and sport
- Food and health
- Substance misuse
- Relationships, sexual health and parenthood.

Health and Wellbeing Procedures and Practices

At Blacklaw Primary School operational procedures are in place to ensure that:

- learners have access to information and knowledge to help them make informed choices about their health;
- there are appropriate levels of first aid provision within the school;
- staff have access to and are aware of administration of medicine school guidelines and parental consent in writing is obtained for the administration of medicines ensuring these permissions are maintained and updated as appropriate;
- staff have access to appropriate training on medical issues;
- staff develop partnership working with health professionals to promote and support health and wellbeing within the school.

The school also has a designated member of staff who is the Health and Well-Being Coordinator and a designated member of staff who is the Child Protection Coordinator.

Guidelines are also followed in line with SLC Operating Procedures A25 and A26 regarding handling any incidents of substance misuse

Supporting Learners

All staff have the responsibility to take a learner-centred approach which promotes and supports wellbeing, inclusion and fairness, and to contribute to the delivery of the principles of 'Getting it Right for Every Child'.

Further details regarding how we support pupils can be found in school guidelines on Inclusion and Equality' and 'Promoting Positive Behaviour Improved Learning.'

Review

These guidelines should be reviewed as part of the school's cycle of self-evaluation, or in line with National or South Lanarkshire Council advice. These guidelines have been reviewed to ensure no person from a protected group will be disadvantaged in any way, and to ensure it complies with Equalities legislation.